Sun Protection Policy

Tailem Bend Kindergarten recognises the importance of skin protection as a major strategy in the fight against skin cancer.

**Aims**
Through this policy, we aim to promote to children, families and staff:
- a. personal responsibility for, and decision making about skin protection,
- b. positive attitudes towards skin protection,
- c. lifestyle practices which can help reduce the incidence of skin cancer and related deaths.

**Actions**
All members of and visitors to the Tailem Bend Kindergarten will be encouraged to use the following skin protection practices:

1.  **Take particular care when in the sun, between the hours of 10.00am and 3.00pm**
   - a. Learning experiences provided outdoors will be held in shaded areas when and where possible.
   - b. Snacks and lunches will be eaten indoors or in shaded areas. When in shaded areas, staff, children and visitors will be encouraged to wear appropriate hats.

2.  **Wear clothing which protects the skin (including appropriate hats)**
   - a. Children, staff and parents are expected to wear an appropriate broad brimmed, bucket or legionnaire style hat (see below) whenever they are involved in outside experiences, from the beginning of September to the end of April and whenever the UVR is 3 and above at other times.
   - b. Children not wearing an appropriate hat will be given the option of wearing a Kindy hat. If they choose not to, they will be asked to play under the verandah or inside.
   - c. The parents of children who do not have an appropriate hat for two days running will be given a reminder note asking that an appropriate hat be provided.
   - d. Children and staff are encouraged to wear shirts with sleeves and longer style shorts. Children who are not dressed appropriately will be asked to play under the verandah or inside.
   - e. The parents of children who do not have appropriate clothing for two days running will be given a reminder note telling them that appropriate clothing must be worn.

3.  **Use 30+ sunscreen to protect skin**
   - a. Staff will encourage parents to apply sunscreen before Kindy sessions.
   - b. Children will be encouraged to bring their own sunscreen, however there is bulk sunscreen available at kindergarten.
   - c. Children will be required and supported to apply 30+ sunscreen at lunchtime in preparation for playing outside.

4.  **Learn about skin protection**
   - a. Staff will model appropriate SunSmart strategies at all times.
   - b. Skin cancer prevention will be a part of our learning curriculum.
   - c. Information and resources will be kept up to date through contact with the Cancer Council.

**Tailem Bend Kindergarten’s Sun Protection Policy will be reviewed regularly**
- at least every 2 years.